Coaches, be sure to read the rules because changes have been made!

G. C. I. C. SPORTS DAY
General Information

1. The goal for Sports Day is to bring students together from the participating G. C. I. C. schools for an enjoyable day of competition in a wide variety of sports.

2. To be eligible to participate, a student must be enrolled for at least one (1) credit hour or one (1) student clock hour. If an individual has represented a college intercollegiate team or a professional team (i.e., received aid; practiced and/or played on a team) that individual cannot play in that particular sport at Sports Day. Intercollegiate baseball players cannot play on the softball team. Also, anyone who is playing on a U. S. V. B. A. “A” level team cannot play on the Sports Day volleyball team. Students are only allowed to play in one sporting event on each Sports Day.

3. In as many events as possible sponsoring schools will try to offer a round robin tournament format to maximize playing time for everyone. In events where it is not possible to do this, a winner-consolation format will be used.

4. The coaches’ meeting will begin at 8:00 a.m. on Sports Day with events starting at 9:00 a.m.

5. If you have an emergency and you are going to be later than 8:30 a.m., if you call the host school by 8:30 a.m. and report how many participants you are going to have in each event, you will be included in the events. If you do not call the host school by 8:30 a.m., you will not be included. This will allow the drawing for each event’s brackets to begin at 8:30 a.m.

6. If it rains on the original date, only the outdoor sports will be cancelled. Coaches should call the host school if they are questioning the weather. Host schools should provide in the announcement letter a telephone number to call the morning of Sports Day.

7. Tournament directors have the right to remove individuals from events for un-sportsman like conduct.

8. There is no coaching of players/teams allowed during Sports Days.

9. Alcohol is not allowed during Sports Day activities.

10. Tobacco use in any form is not allowed during sports day activities.

11. Host schools should try to send the other schools the list of specific Sports Day events 30 days in advance. This will give schools enough time to recruit participants.

12. Participating schools should call the host school one or two days in advance to let them know what events they will have participants in, especially the team sports.