

SAN JAC CENTRAL CAMPUS REC General Info

- **Students must bring their San Jac Student ID to all events.** (If student does not have ID, they will not be permitted to play; ID's are issued through the library on Central Campus. A onetime only pass is issued to those without ID, BUT this is a onetime only deal.)
- **All events are free of charge.**
- **All sports are open to men, women, and coed teams.**
- "In compliance with Title VI of the Civil Rights Act of 1964, Title IX, Education Amendments of 1972 of the Higher Education Act, Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act of 1990 and other applicable Federal and State Acts, the Board of Trustees of the San Jacinto College hereby adopts a policy assuring that no one shall, on the grounds of race, religion, color, national origin, sex, age or qualified disability be excluded from participation in, be denied the benefits of, or otherwise be subjected to discrimination in any program or activity of the college. The San Jacinto College is an Equal Opportunity Employer and welcomes students and employees without regard to race, religion, color, national origin, sex, age or qualified disability."

San Jacinto College Central Campus Rec

San Jacinto College Central has a full campus rec program, featuring team and individual competition in a variety of sports. Team sports include flag football, ultimate Frisbee, soccer, softball, basketball, kickball, and many others. Individual sports include racquetball, tennis, pool, jogging, table tennis and others.

PHILOSOPHY

The campus rec philosophy is based on the concept that students should have freedom of choice, equality of opportunity, and opportunity to share in planning, supervising, and implementing the program. Sound campus rec programs give all students an opportunity to enjoy satisfying recreational activities varying from highly competitive to those of a non-competitive nature. There are valuable outcomes which give immediate satisfactions and insure treasured memories in all types of activities. Participation in the campus rec program can provide and contribute to good physical health and social adjustment.

SPIRIT OF COMPETITION

Team sports activities find their origin in the basic human need for the spirit of play. Winning and losing are mere outcomes of this play spirit. Abusive language toward officials and manipulation of the rules are not “part of the game”. What is part of the game is pure satisfaction of participation, getting fit and enhancing friendships. Without your opponent, you have no game, no contest and no fun. You are indebted to them, as they are to you. The spirit of play then is based on cooperation. Upholding high standards of integrity and fair play acknowledges this idea of cooperative competition. All players are encouraged to exercise good judgment in caring for the safety of others as well as themselves. At SJC, an intentional foul is considered cheating and a gross offense against the spirit of competition. The goal of lifetime sports for all players may have more meaning than that of a win or loss, the memory of which often fades quickly. All players are asked to participate within the context of this spirit of play/competition.

ORGANIZATION

The Campus Rec Program of San Jacinto College Central is under the direction of the Dean of Student Services and the Physical Education Department. The director is responsible for planning and preparing the annual program according to the needs and interests of the students. All eligible students are welcome to participate in the Campus Rec Program, either in individual or team sports.

INJURY RESPONSIBILITY

Since participation in the Campus Rec Program is on a voluntary basis, neither the college nor the Campus Rec Department will accept responsibility for injuries sustained during practice or participation in the Campus Rec Program. However, all injuries should be reported to the Director or his representative immediately.

REGULATIONS

1. All students officially enrolled in San Jacinto College Central are eligible to participate in the Campus Rec Program. Exceptions are those students who have ever represented any college in a varsity sport or semi- professional sports are ineligible to participate in that particular sport.
2. The Campus Rec Program welcomes properly registered part-time students.
3. Any irregularity concerning persons excused from the regular physical education program will be charged against the individual player, who will be considered an ineligible player.
4. A team shall forfeit any event in which it uses an ineligible player.
5. Participation in tournaments is entirely voluntary.
6. Organization Campus Rec Managers will be responsible for all participants from their group.
7. Upon approval of the Director, organizations not having enough members in their own group may combine with another organization to form a team.
8. A student may play on only one team at a time.
9. A physical exam is recommended, but not required.
10. If a team does not have the minimum amount of players to start a game, they may continue play being short that player. (Ex: flag football 4 on a team- team only has 3 players- that team can play).

GENERAL TOURNAMENT RULES

1. All games in the team sports events will be scheduled by the Campus Rec office.
2. In the individual sports, participants are responsible for arranging matches at a time both players are free.
3. All scores must be turned into the Campus Rec office and recorded.
4. All team sport tournaments will be round robin.
5. Individual sports will be either consolation or double elimination tournaments.

PROTESTS

1. Only protest concerning eligibility and rules will be allowed.
2. Protests concerning the judgment of an official will not be allowed.
3. Protests concerning the rules of a contest or eligibility must be made on the field of play during the contest to the head official. Do not wait until the contest is completed to register a protest. A protest must be typed and submitted to the Campus Rec office before 5 p.m. the next school day.
4. All protests must be filed with the Campus Rec Director.
5. The Campus Rec Director and the Campus Rec Council will meet and decide on all protest.

FORFEITS

1. If a team or contestant fails to appear at the appointed place and fails to be ready to play 15 minutes after the scheduled time, the contest will be forfeited to the opponent. If neither team is ready, both will forfeit. Should both teams be unable to play 15 minutes from scheduled game time the result will be a double forfeit.
2. Forfeited contests will not be rescheduled.
3. Any two forfeits will result in the team being dropped from the league or tournament.

POSTPONEMENTS

1. Requests for postponements should be made at least one day before game time.
2. Inclement weather and school functions will be considered logical causes for postponements.
3. No postponements will be made because of the absence of team members.
4. The Director of the Campus Rec Department will be the judge of postponements.

SUSPENSIONS AND RULES OF CONDUCT

Rules of personal conduct: Any person who commits, attempts to commit, incites, or aids others in committing any of the following acts of misconduct shall be subject to disciplinary procedures by the Campus Rec Office. Team captains, team managers, or coaches are responsible for the conduct of their players and are, therefore, subject to the same disciplinary actions as the guilty party.

1. Player or spectator hits or strikes an official: Indefinite suspension, minimum of one year, effective immediately.
2. Player hits another player: Indefinite suspension, minimum one year, effective immediately.
3. Threatening behavior (verbal or physical) toward an official: Indefinite suspension, minimum remainder of that sports season.
4. Player verbally abuses an official: Indefinite suspension until that player meets with the Campus Rec Director, minimum suspension for the sports season.
5. If a player is ejected from a game, he is suspended indefinitely from all intramural competition, and will report the next day to the Campus Rec Director with his team captains. The team involved may not be permitted to continue to participate in that sport if the player's conduct is not satisfactory.
6. Additional disciplinary action may be taken as outlined in the Student Handbook.
7. 7. If a player is ejected from a game he/she must vacate the area immediately. No matter is the play is waiting on ride, etc. The player is given 2 minutes to collect their belongings and must vacate the area.

HOW TO ENTER

All registration for Campus Rec events will take place online. Please visit www.sanjac.edu/campus-rec and follow the steps to register. You're only a few clicks away from the fun!

WHO CAN PLAY

All students, faculty, and staff officially enrolled in San Jacinto College Central are eligible to participate in the Campus Rec Program.

DUTIES AND RESPONSIBILITIES OF TEAM CAPTAINS

The success of the Campus Rec Program depends largely on the leadership qualities and interests of the team captains.

1. Each team must have a captain responsible for the coordination between players and the Campus Rec Program.
2. Some of the team captain's duties are as follows:
 - a. Submit the required information for each member of his/her team on an official team roster. The roster is due prior to the first scheduled practice game.

- b. Notify team members of scheduled games: date, location and time. It is the captain's responsibility to have his/her team ready to play at the scheduled game time.
- c. Be familiar with all rules (eligibility and game) and see that his/her team is aware of those rules.
- d. Make an effort to see that those individuals representing his/her team play according to the rules of the game and conduct themselves in a sportsmanlike manner.
- e. Check the weekly tournament schedule in Campus Rec Office/ bulletin board.
- f. Notify the Campus Rec Office whenever his/her team must default a contest.
- g. Check team roster at least twice a week during the season to assure the eligibility of his/her team members.
- h. Inform the Campus Rec Office immediately of any change in address or telephone number.
- i. Keep in close touch with the Campus Rec Office staff for pertinent Campus Rec information.