Program Objectives
Are you a caring person, a good listener, and compassionate to others needs? Psychiatric aides and technicians observe and record patient behavior and present their findings to counselors, nurses, and other professional staff. They intervene in crisis situations, actively moderate client behavior and assist with feeding, moving, dressing patients, personal hygiene, and activities of daily living. If this sounds like you, San Jacinto College’s mental health counseling career path is for you.

The San Jacinto College mental health services program:
• Is specifically designed to train mental health technicians, both psychiatric aides and technicians.
• Prepares students to care for mentally impaired or emotionally disturbed individuals following physician instructions and hospital procedures.
• Provides psychiatric aides and technicians with the skills to observe and record patient behavior and present their findings to counselors, nurses, and other professional staff.
• Offers training to intervene in crisis situations, actively moderate client behavior and assist with feeding, moving, dressing patients, personal hygiene, and activities of daily living.

Career Opportunities
Graduates of our program are be able to work in substance abuse and mental health facilities both private and nonprofit organizations finding opportunities in:
• Hospitals
• In-patient psychiatric hospitals
• Out-patient hospitals
• Veteran affairs clinics
• Nursing homes
• Research facilities
• Pain management clinics
• Drug rehab centers
• Counseling centers

Earning Potential
Median salary: Psychiatric Aid: $19,023 per year*
Median salary: Psychiatric Technician: $27,075 per year*

*Source: texaswages.com

Fast Facts About the Program
Type: Technical
Degree/Certificate: Associate of Applied Science (A.A.S.) and Certificate of Technology
Duration: One to four terms

For More Information
Call Center: 281-998-6150
General Email: information@sjcd.edu

San Jacinto College North
5800 Uvalde Road
Houston, Texas 77049
Contact: 281-459-7608

An equal opportunity institution
Revised 10/2014
Mental Health Clinical and Counseling Psychology (3MH-PSYC)

Pre-requisite Credit
BCIS 1305 Business Computer Applications or ITSC 1309 Integrated Software Applications I.........3

Subtotal 3

First Term Credit
SOCW 2361 Introduction to Social Work..................................................3
PSYC 2301 General Psychology.........................................................3
ENGL 1301 Composition I.................................................................3
PSYT 1371 Mental Health Legal and Ethical Issues.................................3
PHED Activity.......................................................................................1
CMSW 1341 Behavior Modification and Cognitive Disorder...................3

Subtotal 16

Second Term Credit
PHED Activity.......................................................................................1
PSYT 2331 Abnormal Psychology..........................................................3
SCWK 2301 Assessment and Case Management......................................3
PSYT 1471 Basic Nursing Skills for Mental Health/ Psychiatric Technicians ..............................................................................4
PSYT 2301 Psychology of Group Dynamics............................................3

Subtotal 14

PostY1Summer Credit
PMHS 2366 Practicum - Psychiatric/Mental Health Services Technician .........................................................................................3

Subtotal 3

Third Term Credit
SPCH 1318 Interpersonal Communications.............................................3
PSYT 2321 Crisis Intervention................................................................3
DAAC 1304 Pharmacology of Addiction................................................3
DAAC 1311 Counseling Theories............................................................3
MATH 1314 College Algebra or MATH 1333 Contemporary Mathematics for Technical Programs.........................................................................................3

Subtotal 15

Fourth Term Credit
*Humanities or Fine Arts.........................................................................3
DAAC 2307 Addicted Family Intervention...............................................3
DAAC 2341 Counseling Alcohol and Other Drug Addictions................3
ENGL 1302 Composition II or ENGL 2311 Technical Report Writing........3

Subtotal 12

PostY2Summer Credit
DAAC 2366 Practicum - Substance Abuse/Addiction Counseling.............3

Subtotal 3

Associate of Applied Science Degree Total 66

Capstone Experience: PMHS 2366 and DAAC 2366

*Courses which satisfy the Humanities and Fine Arts areas are listed in the Transfer Core Curriculum of the Education Program section of the catalog.

NOTE: Students must pass each course listed in the degree or certificate for Mental Health Services with a grade of C or higher to be eligible to receive a degree or certificate.

Mental Health Technician (4MH-TECH)

Pre-requisite Credit
BCIS 1305 Business Computer Applications or ITSC 1309 Integrated Software Applications I.............3

Subtotal 3

First Term Credit
SOCW 2361 Introduction to Social Work..................................................3
PSYC 2301 General Psychology.........................................................3
ENGL 1301 Composition I.................................................................3
PSYT 1371 Mental Health Legal and Ethical Issues.................................3
CMSW 1341 Behavior Modification and Cognitive Disorders...................3

Subtotal 15

Second Term Credit
PSYT 2331 Abnormal Psychology..........................................................3
SCWK 2301 Assessment and Case Management......................................3
PSYT 1471 Basic Nursing Skills for Mental Health/ Psychiatric Technicians ..............................................................................4
PSYT 2301 Psychology of Group Dynamics............................................3

Subtotal 13

Third Term Credit
PMHS 2366 Practicum - Psychiatric/Mental Health Services Technician .........................................................................................3

Subtotal 3

Certificate of Technology Total 34

Capstone Experience: PMHS 2366

Note: For complete program descriptions, please refer to the San Jacinto Community College District Catalog online at www.sanjac.edu/catalog.