Mental Health Services Substance Abuse Counseling

(4MH-SAC and 6MH-SAC)

Fast Facts About the Program
Type: Technical
Degree/Certificate: Certificate of Technology and Occupational Certificate
Duration: One to two terms

Program Objectives
Are you a caring person, a good listener, and compassionate to others needs? Psychiatric aides and technicians observe and record patient behavior and present their findings to counselors, nurses, and other professional staff. They intervene in crisis situations, actively moderate client behavior and assist with feeding, moving, dressing patients, personal hygiene, and activities of daily living. If this sounds like you, San Jacinto College's mental health counseling career path is for you.

The San Jacinto College mental health services program:
- Is specifically designed to train mental health technicians, both psychiatric aides and technicians.
- Prepares students to care for mentally impaired or emotionally disturbed individuals following physician instructions and hospital procedures.
- Provides psychiatric aides and technicians with the skills to observe and record patient behavior and present their findings to counselors, nurses, and other professional staff.
- Offers training to intervene in crisis situations, actively moderate client behavior and assist with feeding, moving, dressing patients, personal hygiene, and activities of daily living.

Career Opportunities
Graduates of our program are be able to work in substance abuse and mental health facilities both private and nonprofit organizations finding opportunities in:
- Hospitals
- In-patient psychiatric hospitals
- Out-patient hospitals
- Veteran affairs clinics
- Nursing homes
- Research facilities
- Pain management clinics
- Drug rehab centers
- Counseling centers

For More Information
Call Center: 281-998-6150
General Email: information@sjcd.edu
San Jacinto College North
5800 Uvalde Road
Houston, Texas 77049
Contact: 281-459-7608

Earning Potential
Median salary: Psychiatric Aid: $19,023 per year*
Median salary: Psychiatric Technician: $27,075 per year*

*Source: texaswages.com

An equal opportunity institution

Revised 6/2013
### Mental Health-Substance Abuse Counseling (6MH-SAC)

#### First Term  Credit
- DAAC 1311 Counseling Theories ............................................. 3
- DAAC 2341 Counseling Alcohol and Other Drug Addictions ..... 3
- PSYT 1371 Mental Health Legal and Ethical Issues .................. 3

**Subtotal**  9

#### Second Term  Credit
- DAAC 1304 Pharmacology of Addiction .................................. 3
- CMSW 1341 Behavior Modification and Cognitive Disorder or
  DAAC 2307 Addicted Family Intervention or
  SCWK 2301 Assessment and Case Management ..................... 3
- DAAC 2366 Practicum-Substance Abuse/Addiction Counseling ........ 3

**Subtotal**  9

#### Occupational Certificate Total  18

#### Capstone Experience: DAAC 2366

Approved Electives
- CMSW 1341
- DAAC 2307
- SCWK 2301

**Note:** Students must pass each course listed in the degree or certificate for Mental Health Services with a grade of C or higher to be eligible to receive a degree or certificate.

### Substance Abuse Counseling (4MH-SAC)

#### Pre-requisite  Credit
- BCIS 1305 Business Computer Applications or
  ITSC 1309 Integrated Software Applications I ....................  3

**Subtotal**  3

#### First Term  Credit
- SOCW 2361 Introduction to Social Work ................................ 3
- DAAC 1311 Counseling Theories .......................................... 3
- DAAC 1304 Pharmacology of Addiction .................................. 3
- PSYC 2301 General Psychology .......................................... 3
- PSYT 1371 Mental Health Legal and Ethical Issues .................. 3

**Subtotal**  15

#### Second Term  Credit
- PSYT 2331 Abnormal Psychology .......................................... 3
- DAAC 2307 Addicted Family Intervention ................................ 3
- CMSW 1341 Behavior Modification and
  Cognitive Disorder ............................................................. 3
- SCWK 2301 Assessment and Case Management ....................... 3
- DAAC 2341 Counseling Alcohol and Other Drug Addictions ....... 3

**Subtotal**  15

#### Third Term  Credit
- DAAC 2366 Practicum - Substance Abuse/Addiction Counseling ........................................ 3

**Subtotal**  3

#### Certificate of Technology Total  36

#### Capstone Experience: DAAC 2366

**Note:** Students must pass each course listed in the degree or certificate for Mental Health Services with a grade of C or higher to be eligible to receive a degree or certificate.

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*Note:* For complete program descriptions, please refer to the San Jacinto Community College District Catalog online at [www.sanjac.edu/catalog](http://www.sanjac.edu/catalog).