

SPIRIT OF COMPETITION

Team sports activities find their origin in the basic human need for the spirit of play. Winning and losing are mere outcomes of this play spirit. Abusive language toward officials and manipulation of the rules are not “part of the game.” What is part of the game is the pure satisfaction of participation, getting fit and enhancing friendships. Without your opponent, you have no game, no contest and no fun. You are indebted to them, as they are to you. The spirit of play then is based on cooperation. Upholding high standards of integrity and fair play acknowledges this idea of cooperative competition. All players are encouraged to exercise good judgment in caring for the safety of others as well as themselves. At SJC, an intentional foul is considered cheating and a gross offense against the spirit of competition. The goal of lifetime sports for all players may have more meaning than that of a win or a loss, the memory of which often fades quickly. All players are asked to participate within the context of this spirit of play/competition.