



Dear Prospective Student:

Thank you for expressing interest in the Mental Health Program at San Jacinto College. Are you a compassionate, willing listener who is ready with advice or a kind word during a difficult time? If so, San Jacinto College can give you the training you need to prepare you to provide counseling and other specialized services to individuals and families suffering the devastating effects of substance abuse and mental illness. Graduates learn to identify and administer appropriate assessments, diagnosis, and treatment of individuals who are, or have been, engaged in substance abuse. In addition, we offer training programs for Mental Health Technicians and Prevention Specialists.

You can make a difference in your life by making a difference in others' lives, and you can start at San Jacinto College. In this information packet you will be provided with an overview of educational career routes, curriculum requirements, and other key information to assist you in your educational endeavors. Thank you for choosing Mental Health as a field of study. I look forward to hearing from you.

Sincerely,

Cayman Tirado

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Mental Health Program Director

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San Jacinto College Mental Health Program Information

Overview

The Mental Health program at San Jacinto College offers:

- Associate of Applied Science Degree in Clinical and Counseling Psychology
- Substance Abuse Counseling Certificate of Technology
- Substance Abuse Counseling Occupational Certificate
- Mental Health Technician Occupational Certificate
- Prevention Specialist Occupational Certificate

The Mental Health curriculum includes a combination of learning options including: class lectures, distance learning, hybrid and Internet Television Video (ITV) offered at both North & South Campuses.

The Mental Health program is approved by The Texas Higher Education Coordinating Board and the State of Texas. Upon successful completion of the Mental Health program graduates are eligible for testing as a Licensed Chemical Dependency Counselor (LCDC).

Educational Career Routes

Mental Health Clinical and Counseling Psychology

Associates Degree - 2 Years-Training prepares students to work with both substance use and co-occurring mental health disorders. Education and training is provided for specialized services to individuals and their families experiencing substance abuse and mental health problems.

Mental Health Technician

Occupational Certificate - 3 Terms- The Mental Health Technician (Psychiatric Aide/Technician) Occupational Certificate prepares students to work with individuals with psychiatric and/or substance use disorders following physician instructions and hospital procedures. Psychiatric aides and technicians observe and record patient behavior and present findings to counselors, nurses, and other professional staff. They intervene in crisis situations, actively moderate client behavior, and assist with feeding, moving, dressing patients, personal hygiene, and activities of daily living.

Substance Abuse Counseling – Occupational and Technical Certificates

Occupational Certificate - 2 Terms/Technical Certificate – 3 Terms The Substance Abuse Counseling Occupational Certificate and Certificate of Technology prepare individuals to enter the field of human services and provide specialized services to individuals and their families experiencing the effects of substance abuse. Graduates will be able to identify appropriate assessments, diagnosis, and treatment of individuals who are, or have been, engaged in substance abuse.

Prevention Specialist – Occupational Certificate

Occupational Certificate – 3 Terms - This 20-hour certificate prepares students to apply to be a Texas Certified Prevention Specialist (CPS). The curriculum is approved by the Texas Department of Health Services. The coursework, combined with the capstone experience at a prevention approved training center, enables students to work in the area of drug prevention in a variety of settings that include: K-12 schools; juvenile justice settings (alternative schools or youth offender programs); local community coalitions and at-risk programs.

STEPS TO ENROLL:

Step 1. San Jac Connect - create your account at <http://connect.sanjac.edu> to track your admission status.

Step 2. Apply - After completing your San Jac Connect account, follow the link to ApplyTexas, <https://www.applytexas.org>, to complete your admission application.

****You will be conditionally accepted pending completion of Steps 3 & 4, if applicable.****

- **Disability Services:** Visit the Disability Services Office located on your campus.
- **Veterans:** Visit the Veterans Student Success Center located on your campus.
- **International Students:** Visit Enrollment Services located on your campus to pick up the International Student Application packet. <http://www.sanjac.edu/international-students>

Step 3. Placement Testing - Meet with an Educational Planner to determine if testing is needed for enrollment or if you meet exemptions listed on reverse side.

- **Complete the Pre Assessment Activity (PAA):** <http://www.sanjac.edu/testing-PAA>
- **English proficiency:** required for individuals whose native language is not English.

Step 4. Meningitis Vaccination - Proof of bacterial meningitis vaccination must be submitted to Enrollment Services prior to being fully accepted. For more information and a list of exemptions please visit: <http://sanjac.edu/meningitis> .

****College students under the age of 22 years old are required to have the vaccination. ****

Step 5. Transcripts - Request official transcripts from high school or **all** colleges attended to be sent to San Jacinto College, Enrollment Services Office.

- **GED, foreign transcripts, and transfer of college credits:**
Visit Enrollment Services to complete an evaluation request for foreign and college transcripts once all the transcripts are received.

Step 6. Claim Account - After receiving your acceptance letter, visit **My San Jac**, and click **SOS** (Student Online System).

****Please contact TechSupport at 281-998-6137 if you have an error.****

Step 7. Orientation - It is **mandatory** for all first time in college students, including former Dual Credit students, to attend New Student Orientation (NSO) ***NO EARLIER THAN ONE SEMESTER PRIOR*** to class registration. Sign up online via your **SOS** account. **An Educational Planner will provide academic advising at Orientation.**

Step 8. Financial Aid and Scholarships - Visit the Financial Aid Office for more information.

- FAFSA - www.fafsa.ed.gov
- San Jacinto College Scholarships - <http://sjcd.academicworks.com>

For Clinical Students ONLY*

Clinical Students will be required to register with CastleBranch and complete the following requirements before being placed at a site:

- Background Check**
- Drug Screening**
- TB Skin Test W Primary Care Provider**
- Hepatitis B Series or Waiver**
- Designated Mental Health Classes**

San Jacinto College North Campus
Mental Health Clinical and Counseling Psychology Curriculum
Associate of Applied Science
(3MH-PSYC)

First Term*	Credit
SCWK 1313 Intro to Social Work	3
PSYC 2301 General Psychology	3
ENGL 1301 Composition I	3
PSYT 1371 Mental Health Legal and Ethical Issues	3
CMSW 1341 Behavior Modification and Cognitive Disorder	3
Subtotal	15

Second Term*	
PSYT 2331 Abnormal Psychology	3
DAAC 1317 Basic Counseling Skills	3
SCWK 2301 Assessment and Case Management	3
PSYT 1372 Basic Nursing Skills for Psychiatric Technicians	3
PSYT 2301 Psychology of Group Dynamics	3
Subtotal	15

Post Y1 Summer*	
PMHS 2366 Practicum-Psychiatric /Mental Health Services Technician	3
Subtotal	3

Third Term*	
DAAC 2306 Substance Abuse Prevention I	3
DAAC 1304 Pharmacology of Addiction	3
DAAC 1311 Counseling Theories	3
MATH 1314 College Algebra or MATH 1332 Contemporary Mathematics for Technical Programs	3
Subtotal	12

Fourth Term*	
*Humanities or Fine Arts	3
DAAC 2307 Addicted Family Intervention	3
DAAC 2341 Counseling Alcohol and Other Drug Addictions	3
ENGL 1302 Composition II or ENGL 2311 Technical Report Writing	3
Subtotal	12

Post Y2Summer*	
DAAC 2366 Practicum-Substance Abuse/Addiction Counseling	3
Subtotal	3

Associate of Applied Science Degree Total	60
Capstone Experience: PMHS 2366 and DAAC 2366	

Note: Courses which satisfy the Humanities and Fine Arts areas are listed in the Transfer Core Curriculum of the Education Program Section of the catalog. Note: Students must pass each course listed in the degree or certificate for Mental Health Services with a grade of C or higher to be eligible to receive a degree or certificate.

**San Jacinto College North Campus
Mental Health Technician OC
(6MH-TECH)**

First Term*	Credit
SCWK 1313 Intro to Social Work	3
PSYT 1371 Mental Health Legal and Ethical Issues	3
CMSW 1341 Behavior Modification and Cognitive Disorder	3
Subtotal	9
Second Term*	
PSYT 2331 Abnormal Psychology	3
PSYT 1372 Basic Nursing Skills	3
PSYT 2301 Psychology of Group Dynamics	3
Subtotal	9
Third Term*	
PMHS 2366 Practicum-Psychiatric /Mental Health Services Tech	3
Subtotal	3
Level 2 Certificate Total	21
Capstone Experience: PMHS 2366	

Note: Students must pass each course listed in the degree or certificate for Mental Health Services with a grade of C or higher to be eligible to receive a degree or certificate.

OCCUPATIONAL CERTIFICATE

21 TOTAL CREDIT HOURS

**San Jacinto College North Campus
Substance Abuse Counseling-Level 2
(5MH-SAC)**

First Term*	Credit
SCWK 1313 Introduction to Social Work	3
DAAC 1311 Counseling Theories	3
DAAC 1304 Pharmacology of Addiction	3
PSYC 2301 General Psychology	3
PSYT 1371 Mental Health Legal and Ethical Issues	3
Subtotal	15
Second Term*	
PSYT 2331 Abnormal Psychology	3
DAAC 2307 Addicted Family Intervention	3
CMSW 1341 Behavior Modification and Cognitive Disorder	3
SCWK 2301 Assessment and Case Management	3
DAAC 2341 Counseling Alcohol and Other Drug Addictions	3
Subtotal	15
Third Term*	
DAAC 2366 Practicum-Substance Abuse/Addiction Counseling	3
Subtotal	3
Level 2 Certificate Total	33
Capstone Experience: DAAC 2366	

Note: Students must pass each course listed in the degree or certificate for Mental Health Services with a grade of C or higher to be eligible to receive a degree or certificate.

**San Jacinto College North Campus
Mental Health Substance Abuse Counseling
Occupational Certificate
(6MH-SAC)**

First Term*	Credit
DAAC 1311 Counseling Theories	3
DAAC 2341 Counseling Alcohol and Other Drug Addictions	3
PSYT 1371 Mental Health Legal and Ethical Issues	3
Subtotal	9
Second Term*	
DAAC 1304 Pharmacology of Addiction	3
SCWK 2301 Assessment and Case Management	3
DAAC 2366 Practicum-Substance Abuse/Addiction Counseling	3
Subtotal	9
Occupational Certificate Total	<u>18</u>
Capstone Experience: DAAC 2366	

Note: Students must pass each course listed in the degree or certificate for Mental Health Services with a grade of C or higher to be eligible to receive a degree or certificate.

**San Jacinto College North Campus
Prevention Specialist
Occupational Certificate
(6MH-SAPS)**

First Term*	Credit
DAAC 1319 Sub Rel and Addictive Disorders	3
DAAC 2306 Substance Abuse Prevention I	3
PSYT 1371 Mental Health Legal and Ethical Issues	3
Subtotal	9
Second Term*	
DAAC 2353 Substance Abuse Prevention II	3
DAAC 1304 Pharmacology of Addiction	3
SCWK 1313 Intro to Social Work	3
Subtotal	9
Third Term*	
DAAC 1264 Practicum-Substance Abuse Prevention	2
Occupational Certificate Total	20
Capstone Experience: DAAC 1264	

Note: Students must pass each course listed in the degree or certificate for Mental Health Services with a grade of C or higher to be eligible to receive a degree or certificate.